

Gemstones Metaphysical Properties



Agate (variety)
Helps to ground an individual.



Amethyst
Helps to insure sobriety, brings tranquility and peace of mind.



Aquamarine
For bravery, communication skills, and confidence.



Aventurine
Aids physical healing.
Draws out fevers.



Blue Topaz
Alignment with higher self, creative expression, writing, focusing on your path.



Black Onyx
Absorbs surrounding energy.
Stress and grief reliever.



Carnelian
Helps to balance creativity and mental processes.
Very healing.



Chalcedony
Helps rid the wearer of nightmares, protects against evil.



Citrine
Upliftment.
Symbol of happiness.
Said to help back problems.



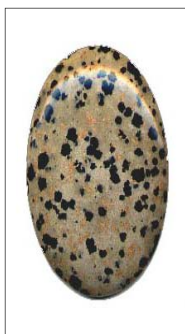
Garnet
Wearer is protected in travel and kept in good health.



Hematite
Most grounding of all stones.
Allows mental clarity & concentration. Helps jet lag.



Iolite
A goods stone for finding ones direction in life.
Helps to remove discord.



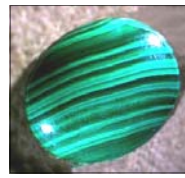
Jasper (Dalmation)
Creates a calming effect.
Promotes feeling of stability and security.
Thought to prevent pain during childbirth and to guard the mother & child.



Labradorite
Helps wearer understand dream world. Useful for magic, mysticism, and meditation.



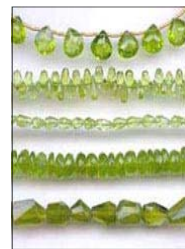
Lapis Lazuli
Helps one to understand the mind.
Promotes higher guidance.
Helps head pain.



Malachite
Brings harmony into one's life.
Protective stone for aviation field.



Moonstone (Rainbow)
Arouses passion.
Accents the wearers nature.
Because it has the colors of the rainbow, it brings with it the traits of the colors as well including the healing White Light.



Peridot
Protects the wearer from evil spirits.
Peridot is said to help slow the aging process, and to aid in the treatment of digestive, heart, lung and eye disorders.



Rose Quartz
Emotional Balance and healing.
Eases childhood traumas.



Rutilated Quartz
Gets energy moving on all levels.
Attracts love and stabilizes relationships.



Smoky Topaz
Induces deep relaxation.
Stimulates fertility.
Corrects reproductive imbalance.



Snowflake Obsidian
Provides balance during times of change.
Helps one to see negative patterns in life.



Sodalite
Protects the wearer from external negative energy.



Tiger Eye
Brings clarity & enhances psychic ability.



Tourmaline
Vision & creativity. Inspirational power.



Turquoise
Helps start new projects.
Protects the wearer from falling, especially from horses.



Unakite
Balances the emotional body, helps with spirituality.
Stimulates pregnancies.